

2018 KPAC Cup HOPES/Elite Qualifier and Invitational Schedule March 8-11 LJVM Coliseum Pink Gym



See Session Assignments for all Sessions

Thursday, March 8th

Session 1A Compulsory Elite

(See Session Assignments)

9:00-9:20	Open Stretch
9:20-9:25	March in
9:25-12:35	Competition

Session 2A Compulsory Elite

(See Session Assignments)

12:55-1:15	Open Stretch
1:15-1:20	March in
1:20-4:30	Competition

Session 3A Elite/HOPES Optional Qualifier

(See Session Assignments)

5:00-5:20	Open Stretch
5:20-6:35	Event Warmup
6:35-6:40	March in
6:40-8:55	Competition

Friday, March 9th

Session 4A Elite/HOPES Optional Qualifier

(See Session Assignments)

9:00-9:20	Open stretch
9:20-10:35	Event warmup
10:35-10:40	March in
10:40-1:10	Competition

Session 5A Elite/HOPES Optional Qualifier

(See Session Assignments)

1:30-1:50	Open stretch
1:50-3:05	Event Warmup
3:05-3:10	March in
3:10-5:20	Competition

Session 6A Elite/HOPES Optional Qualifier

(See Session Assignments)

5:40-6:00	Open stretch
6:00-7:20	Event warmup
7:20-7:25	March in
7:25-9:35	Competition

Saturday, March 10th

Session 7A Level 9

8:00-8:20 Open stretch
8:20-8:30 March in
8:30-11:35 Competition

Session 8A Level 9

11:35-12:05 Open stretch
12:05-12:15 March in
12:15-3:10 Competition

Session 9A Level 10

3:10-3:30 Open stretch
3:30-3:40 March in
3:40-6:45 Competition

Session 10A Level 10

6:45-7:05 Open stretch
7:05-7:15 March in
7:15-10:00 Competition

Sunday, March 11th

Session 11A Level 8 and Diamond

8:00-8:20 Open stretch
8:20-8:30 March in
8:30-11:15 Competition

Session 12A Level 8

11:15-11:35 Open stretch
11:35-11:45 March in
11:45-2:30 Competition

Session 13A Level 8

2:30-2:50 Open stretch
2:50-3:00 March in
3:00-5:45 Competition

Session 14A Platinum

5:45-6:05 Open stretch
6:05-6:15 March in
6:15-9:40 Competition



2018 KPAC Cup HOPES/Elite Qualifier and Invitational Schedule March 8-11 LJVM Coliseum Orange Gym



See Session Assignments for all Sessions

Friday, March 9th		Saturday, March 10th	
Session 1B Gold		Session 5B Level 2 and Bronze	
8:00-8:20	Open Stretch	8:00-8:20	Open Stretch
8:20-8:30	March in	8:20-8:30	March in
8:30-11:30	Competition	8:30-9:45	Competition
Session 2B Gold		Session 6B Bronze	
11:30-11:50	Open Stretch	9:45-10:05	Open Stretch
11:50-12:00	March in	10:05-10:15	March in
12:00-3:00	Competition	10:15-11:40	Competition
Session 3B Level 4		Session 7B Bronze	
3:15-3:35	Open Stretch	11:40-12:00	Open Stretch
3:35-3:45	March in	12:00-12:10	March in
3:45-5:40	Competition	12:10-1:35	Competition
Session 4B Level 5		Session 8B Level 3 and Silver	
6:00-6:20	Open Stretch	1:45-2:05	Open Stretch
6:20-6:30	March in	2:05-2:15	March in
6:30-8:40	Competition	2:15-4:15	Competition
		Session 9B Silver	
		4:15-4:35	Open Stretch
		4:35-4:45	March in
		4:45-7:00	Competition
		Session 10B Silver	
		7:00-7:20	Open Stretch
		7:20-7:30	March in
		7:30-9:30	Competition

Sunday, March 11th

Session 11B

Level 6

8:00-8:20 Open Stretch

8:20-8:30 March in

8:30-11:50 Competition

Session 12B

Level 6 and Level 7

12:00-12:20 Open Stretch

12:20-12:30 March in

12:30-3:50 Competition

Session 13B

Level 7

4:00-4:20 Open Stretch

4:20-4:30 March in

4:30-8:15 Competition



USA GYMNASTICS.
Sanctioned Event